



## UCT-CEHI SOS Training Programme 2024

The University of Cape Town's Community Eye Health Institute (UCT-CEHI) will be offering the following simulated ophthalmic surgical courses in 2024:

| Title of Course                                | Duration | Course fee |         |
|--|----------|------------|---------|
| Manual Small Incision Cataract Surgery (MSICS) | 3.0 days | USD 500    | ZAR6000 |
| Trabeculectomy & GATT (TRAB)                   | 1.5 days | USD 500    | ZAR6000 |
| Phacoemulsification Cataract Surgery (PHACO)   | 3.0 days | USD 650    | ZAR9000 |
| Introduction to Pars Plano Vitrectomy (PPV)    | 2.0 days | USD 500    | ZAR6000 |
| Basic Microsurgical Techniques (BMS)           | 1.0 days | USD 200    | ZAR3000 |

### Who are the courses for?

The courses are for ophthalmologists, ophthalmology registrars and eye surgeons from low- and middle- income countries, for competency training or upskilling in the relevant surgical technique. Senior ophthalmic surgeons can also be trained as Trainer of Trainees.

### Where are the courses run?

The courses take place at the UCT-CEHI Simulation Ophthalmology Surgery (SOS) Training Unit on H53 at Groote Schuur Hospital, Cape Town, South Africa.

### What is the structure of the courses?

These 1-4-day courses involve intense practical simulation-based surgical education with expert surgeon trainers, using high fidelity synthetic eyes. The courses are blended, with on-line study modules in the weeks beforehand. The surgical procedure is deconstructed to its component parts, and trainees build competency through sustained deliberate practice, feedback, reflective learning, and real-time moderation during the training. Trainees spend time on the EyeSI surgical simulator (included in course fee) to further hone their skills.

### What are the costs involved?

In addition to the course fee (stated above), some participants' flights to and from Cape Town and accommodation and meals (approximately \$150 per day) should be budgeted for.

### How can a place on the course be secured?

Send an email to [cehi@uct.ac.za](mailto:cehi@uct.ac.za) with a request to be enlisted for application, at least six weeks before the start of the training. Considerations must be made for time required for processing of visas, where applicable.

**See you in Cape Town!**